

Inquiry

Minami-Alps City Office Department of Tourism and Commerce
 376 Ogasawara, Minami-Alps City, Yamanashi Prefecture
 Phone 055-282-6294 Facsimile 055-282-6279
<http://www.city.minami-alps.yamanashi.jp/>

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- Minami-Alps Ashiyasu Sangaku Museum Phone: 055-288-2125
- Hayakawa Town Office Phone: 0556-45-2511
- Nirasaki City Office Phone: 0551-42-1111
- Hokuto City Office Phone: 0265-98-2211

Other

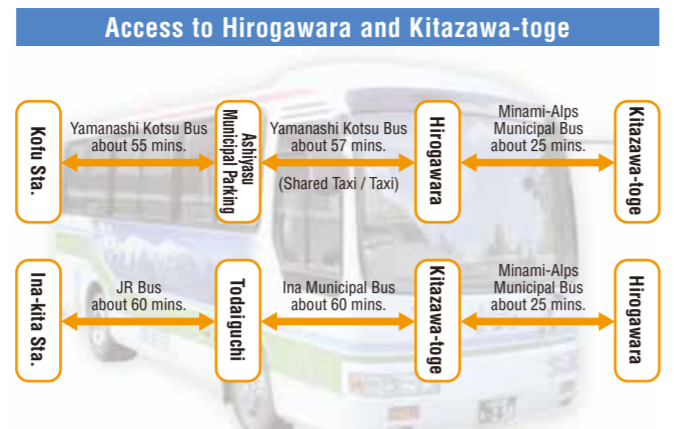
- Minami-Alps City Tourist Association Phone: 055-284-4204

- Hot Spring Facilities Information**
- Hakuto kaikan Phone: 055-288-2321
 - Karyuamatzawa Onsen Phone: 055-288-2244
 - Shirane Togen Tenshokaku Phone: 055-285-5001
 - Juen Phone: 055-285-4131
 - Hot Spring Yamamimoyu Phone: 055-280-3340
 - Sakura no Sato - Iki no Ie Phone: 055-282-7610

Wood Village Inagako Phone: 055-283-8700

- Minami-Alps Northern Area Accommodation Information**
- Minami-Alps Onsen Lodge Phone: 055-288-2005
 - Iwazonoaki Phone: 055-288-2306
 - Momo-no-ki Onsen Sanwaso Phone: 055-288-2306
 - Hakunso Phone: 055-288-2345
 - Mimshuku Natorya Phone: 055-288-2025
 - Mimshuku Yoshimi Phone: 055-288-2235
 - Alpen Gasuto-hohu Rantan Phone: 055-280-6027
 - Soranuta Phone: 055-288-2334
 - Pension Checker Flag Kawasaki Phone: 080-2182-2922
 - Yashain Hütte Phone: 055-285-4131
 - Juen Phone: 055-285-4131

Kofu Sta. ← Kitazawa-toge → Ina-kita Sta.



Bus and Shared Taxi General Information Office



The only public transport in operation between Hirogawara and Kitazawa-toge is the Minami-Alps Municipal Bus.

Inquiry

Minami-Alps City Bureau of Public Enterprise
 Phone: 055-282-2016 (main switchboard) Facsimile: 055-284-4889
 3303 Iino, Minami-Alps City, Yamanashi Prefecture
 Email: kgsomu@city.minami-alps.lg.jp

Hirogawara Information Center
 Phone: 090-2673-2406 (Late of June-Early of November only)

Ashiyasu Mountain Tourist Information Center
 Phone: 055-288-2212 (Late of June-Early of November only)



The mountain area of Minami-Alps is a UNESCO Eco Park. Please cooperate in the protection and preservation of valuable animals and plants.

南阿尔卑斯山区属于联合国教科文组织生物圈保护区, 请对珍贵动植物的保护给予协助。

미나미알프스 산역은 유네스코 에코파크입니다. 귀중한 동식물의 보호와 보전에 협조해 주십시오.

MINAMI-ALPS Flowers of the Northern Area of the Minami-Alps

The flowers burst into bloom in unison as if unwilling to part from the waning summer.

Aquilegia flabellate var. pumila (from June to July)	Adenophora nikoensis var. stenophylla (August)
Silene keiskei var. akaisialpina (August)	Polemonium caeruleum ssp. yezoense var. nipponicum (from June to July)
Schizocodon soldanelloides (from June to July)	Geranium eriostemon var. reinitii (July)
Pedicularis verticillata (Verticillata Lousewort) (July)	Campanula chamissonis (August)
Lucanus maculiformosus (July)	Pedicularis chamissonis var. japonica (July)
Phyllodoce aleutica (Aleutian Mountainheath) (July)	Callianthemum hondoense (from June to July)
Gentiana albiga (Whitish Gentian) (August)	Kamchatka lily (July)
Trolius japonicus (from July to August)	Arnica unalascensis var. tschonoskii (July)
Diphyleia grayi (Umbrella Leaf) (June)	Geum pentapetalum (Aleutian Avens) (from July to August)
Viola biflora (Arctic Yellow Violet) (from June to July)	Anemone narcissiflora (Narcissus Anemone) (from June to July)

Minami-Alps Trekking Guide
 南阿尔卑斯徒步旅行导览
 미나미알프스 트레킹 가이드

MINAMI-ALPS BIOSPHERE RESERVE

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Minami-Alps City Yamanashi Prefecture
 山梨县南阿尔卑斯市
 아마나시현 미나미알프스시

“Flower Mountain”
 可麗欣赏到多种花卉的
 花之山。
 많은 꽃을 만날 수
 있는 꽃의 산.

Mt. Kushigata/栴形山/구사기타야마산
 Altitude/标高/海拔: 2052 m
 Difficulty/难度/난이도: ★★★

Mt. Katsuragi/葛城山/카쓰라기야마산
 Altitude/标高/海拔: 2139 m
 Difficulty/难度/난이도: ★★★

Mt. Sentoboshi/千太郎山/센토보시야마산
 Altitude/标高/海拔: 2799 m
 Difficulty/难度/난이도: ★★★

Mt. Asayomiine/ASAYOYAMA야마산
 Altitude/标高/海拔: 2799 m
 Difficulty/难度/난이도: ★★★

Mt. Koiaro/小太郎山/고타로야마산
 Altitude/标高/海拔: 2725 m
 Difficulty/难度/난이도: ★★★

Mt. Notoridake/衣洞岳/노토리다케산
 Altitude/标高/海拔: 3026 m
 Difficulty/难度/난이도: ★★★

Mt. Aino-dake/回岳/아이노다케산
 Altitude/标高/海拔: 3190 m
 Difficulty/难度/난이도: ★★★

Mt. Aino-dake/回岳/아이노다케산
 Altitude/标高/海拔: 3033 m
 Difficulty/难度/난이도: ★★★

Mt. Katsuragi/葛城山/카쓰라기야마산
 Altitude/标高/海拔: 2725 m
 Difficulty/难度/난이도: ★★★

Mt. Katsuragi/葛城山/카쓰라기야마산
 Altitude/标高/海拔: 2725 m
 Difficulty/难度/난이도: ★★★

Mt. Katsuragi/葛城山/카쓰라기야마산
 Altitude/标高/海拔: 2725 m
 Difficulty/难度/난이도: ★★★

Mt. Katsuragi/葛城山/카쓰라기야마산
 Altitude/标高/海拔: 2725 m
 Difficulty/难度/난이도: ★★★

Yashain Pass/夜叉神峠/야샤인고개
 Altitude/标高/海拔: 1770 m
 Difficulty/难度/난이도: ★★

Gaze at the great panorama of the Minami-Alps
 展望阿尔卑斯壮丽画面。
 미나미알프스의 일대 파노라마를 바라보다.

Stunning views abound.
 壮观的景色이 가득을
 바라볼 수 있다.

Queen of the Minami-Alps
 南阿尔卑斯的女王。미나미알프스의 여왕.

The most popular peak in the Minami-Alps.
 미나미알프스의 인기 1위.

Mt. Katsuragi/葛城山/카쓰라기야마산
 Altitude/标高/海拔: 3193 m
 Difficulty/难度/난이도: ★★★

The Enchanting peaks of the Minami-Alps are calling to you.
 南阿尔卑斯群山
 待与您的邂逅。
 미나미알프스의 산들은
 여러분을 조만간
 부르짖고 있다.

Information

MINAMI-ALPS Trekking

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